



(Update 22/07/2021)

The country has moved to Step 4 of the Government roadmap from 19 July, meaning that most legal restrictions have been lifted. There are no longer any restrictions on how many people can take part in tennis activity, indoors or outdoors.

The Government has published guidance for the public and sports providers on how to organise and participate safely in sporting activity. The LTA has advised tennis clubs to continue to offer caution to our users.

### **Players and visitors**

Tennis is a naturally socially distanced sport, but players should take the following steps to reduce the risk of transmission when attending and participating in tennis activity.

#### **Check for COVID-19 symptoms.**

Before attending any tennis activity, players should self-assess for symptoms of COVID-19.

Follow the latest advice use this link:

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

If you, or anyone you live with, have one or more of these symptoms you should not attend any sporting activity, even if your symptoms are mild. You should follow NHS guidance on testing and self-isolation.

If you have been informed that you need to self-isolate by NHS Test and Trace (or are required to self-isolate in relation to travel), you must do so. You should not leave your isolation location in order to participate in sport and physical activity. You can find more information in the NHS guidance on how to self-isolate.

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

**Follow your Club's safety measures.** When you are attending DFTC, the Club has put in place safety measures, which include pre booking of courts and groups, and asking you to 'check in' using the NHS app to scan their QR code, supporting NHS Test and Trace. Whilst this is no longer a legal requirement for venues or participants, it can support NHS Test and Trace and reduce risk of transmission of the virus.

**Take part safely.** As a socially distanced sport, the risk of transmission of COVID-19 whilst participating is low. However, participants should continue to:

- Follow good hygiene practices, to reduce the risk of transmission in sport environments. Also consider the wishes of other participants (i.e. if they do not wish to shake hands after a match).
- Avoid sharing water bottles or other refreshment containers. Where possible, you should take your own drink, in a labelled or highly distinguishable container.

Whilst Face coverings are no longer required by law, the Government expects and recommends that people should continue to wear them in crowded and enclosed settings, to protect themselves and others.

### **DFTC Covid safe measures**

In line with Government guidance, the club has a responsibility to our participants help to keep our club a Covid safe venue for all to enjoy by observing the following actions:

**The current health and safety risk assessment from Covid-19.** Shows there is still a risk to vulnerable people. Rates of infection are still above average in our area. Please consider other players & visitors.

**You will not be permitted with COVID-19 symptoms.** Any members, coaches and participants should self-isolate if they or someone in their household has symptoms of COVID-19. They must also self-isolate if they or someone in their household has had a positive COVID-19 result, or if they have been told to self-isolate by NHS Test and Trace. Do not leave the house if you or anyone else in your household has any Covid-19 symptoms, or if you have been told to self isolate.

**Please keep out of the cabin, except for storing club equipment, or access to the First Aid box, or Accident report book.**

**Cleaning of surfaces, equipment must continue** especially those that are touched a lot eg court gate fasteners, padlocks, net winders. Cleaning spray and wipes are in the cabin.

**Everyone should continue to use hand sanitiser and clean their hands before and after playing, or contact with hard surfaces.**

**Please continue to book your court or book your place in a group social session**, so this will help to collect players contact details and support NHS Test and Trace to reduce the spread of the virus

NB It has become apparent that mobile phones with the NHS App turned on, will alert each other if placed in close proximity, while the owner is on court.

Floodlights are available for use. They will switch automatically with the link to your court booking or group session. There is a delay on two pairs of lights to provide illumination while exiting. For further details please contact the club.

The club will communicate with you about any changes as we are alerted. However, we can only do this successfully, if you keep us informed of any changes to your contact details.

**Risk assessments** are regularly reviewed in line with government and LTA guidance to help reduce the risk of Covid 19 transmission.

**Thank you for supporting the club & helping us to all keep safe.**

